

## 2.01 Thrombocytosis (raised platelets)

Your platelet numbers are high. If the numbers stay high, we should do some tests.

### RFQs

- Can I check that you are well in yourself?
- How has your weight been?
- Have you noticed any change in your bowel habit? (Has there been any blood in your stool?)
- Do you have a persistent cough?
- What about any unusual swellings?
- What about the pattern of your periods?

### Provide

The majority (80%) of patients with a persistently high platelet number do not have a worrying cause. But a few (20%) turn out to have cancer. At this stage it would help to do a chest X-ray, to examine a small sample of your stool (poo) (FIT testing where available). (And to ultrasound your womb.)

### Safety nets:

We need to know if your bowel habit changes, particularly if you become looser, or if you have blood in your stool.

Also let us know if you have a persistent cough, or any unusual swellings.

If you have irregular vaginal bleeding, bleeding after sex or after the change, please let us know.

Also let me know if you are losing weight without effort.